

Common Non-Emergencies

If your problem is not an emergency, you do not need emergency care. Problems that are usually not emergencies include:

- ✓ An Earache
- ✓ Sore Throat
- ✓ Cold and flu symptoms
- ✓ Skin rash
- ✓ Headache
- ✓ Sunburn or minor cooking burn
- ✓ Fever without convulsions
- ✓ Insect sting that does not cause trouble breathing
- ✓ Muscle sprain
- ✓ Animal bite unless to face or hands
- ✓ Minor cut where bleeding is controlled (call your doctor to make sure Tetnus is up to date)

Common Emergencies

An emergency is a medical problem that could cause death or permanent injury if not treated right away. Emergencies often include the following:

- Severe bleeding that does not stop after 15 minutes of direct pressure
- Sudden severe pain and swelling in a joint
- Blacking out or fainting
- Swallowing poison
- Choking
- Suddenly not being able to move or speak
- A broken bone
- A human bite
- A gaping wound (the edges do not come together)
- Severe chest pain along with sweating, shortness of breath, spreading pain, nausea, vomiting, dizziness or a fast irregular heartbeat